

#### Advanced Fellowship Training Mohs and Cosmetic Laser Surgery

Certified American Board of Dermatology - Dermatology

Certified American Board of Dermatology - Micrographic Surgery

Certified American Board of Mohs Micrographic Skin Cancer Surgery

Fellow American Academy of Dermatology

Fellow American College of Mohs Micrographic Surgery

Fellow American Society of Laser Medicine and Surgery



#### **SKIN CANCER**

- · Mohs Micrographic Surgery
- · Reconstructive Surgery
- · Diseases of the Skin, Hair & Nails

### COSMETIC SURGERY

- Microdermabrasion
- · Botox & Chemical Peels
- Juvéderm & Fillers
- Sculptra & Radiesse
- Esthetician Services

## LASER REJUVENATION

- · Erbium/CO2 Resurfacing & IPL
- · RF Microneedling
- · Veins & Age Spots
- · Hair Removal & Waxing
- Exilis RF Body Shaping
- · Facial Rejuvenation



## TWO LOCATIONS:

15 Hospital Center Blvd. Medical Quarters, Suite One Hilton Head Island, SC 29926

Legacy Center 4 Okatie Blvd. South, Suite 202 Okatie, SC 29909

Tel: (843) 689-9200 Fax (843) 689-9201

# SURGERY PREOPERATIVE INSTRUCTIONS

- 1. Eat a regular breakfast or lunch the day of surgery.
- 2. Take your regularly prescribed medications including Aspirin, Coumadin or any blood thinner your doctor has prescribed.
- 3. If you are self-treating with any supplements (Vit E, fish oil, feverfew, ginko), please stop 10 days prior.
- 4. If your surgery is below-the-knee please cleanse the area with Hibiclens the night prior and the morning before surgery. Hibiclens can be found at a local pharmacy.
- 5. Please do not drink any alcoholic beverages three days prior to your surgery. Alcohol increases bleeding problems.
- 6. On the day of surgery, you should be accompanied by a family member or friend. Medicated patients will not be allowed to drive themselves home. All patients must be escorted when leaving the office after surgery. If we need to call for your ride after the procedure, please bring the names and telephone numbers.
- 7. Please do not smoke one week prior to the surgery. Smoking and blood levels of nicotine can interfere with wound healing.
- 8. Bring a book or newspaper to read while you wait. You could be here until lunch time and in some rare cases until the afternoon.
- 9. If you were prescribed a pre-op antibiotic please take it with food before your arrival.
- 10. Please call our office if you get sick between now and the time of your surgery or if you have any additional questions.

MEDICARE CERTIFIED STATE LICENSED LASER AND SKIN SURGERY CENTER www.hiltonheaddermatology.com